

# EMPLOYEE REVISION OF THE RESERVE OF

Volume 6

March 4, 1985

Number 4

## Safety Scoreboard

Time worked without a lost-time accident through Feb. 28: 16 days (250,888 man-hours).

## Degrees, Honors and Awards

Donald L. McCarty (D-421) successfully completed the requirements of the Radioactive Materials Advanced Transportation Course Jan. 24 as determined by the Transportation Management Program Staff of the U. S. Department of Energy.

## Progressions and Promotions

Marie G. Paul, from Clerk II (D-285) to Security Console Operator (D-312). Sharon L. Ragland, from Secretary I (D-812) to Security Console Operator (D-312). Andrew C. Bassett, from health Physicist to Health Physicist Staff (D-377).

# Goodyear Atomic Clubs

The GAT Bible Class is beginning an in-depth study of salvation. This is a non-denominational bible study and everyone is welcome to attend. Class location and times are the Vern Riffe Joint Vocational School on Mondays from 7:00 until 8:30 p.m. For more information contact Tom Kramer at 947-5677 or George Ransom at 947-4085.

The Foremen's Club has extended its apology to plant personnel because it has been forced to discontinue sales of sport shirts and sweaters. The supplier was unable to meet promised delivery schedules; the last order placed was so severely delinquent that the club wishes to apologize for the inconvenience to those who placed orders. Refunds are in process to those involved with that shipment.

Officers of the Goodyear Women's Club of Portsmouth for 1985 are Ms. Helen Jordan, president; Mrs. Ruth Boyd, vice president, Mrs. Gene Marsh, secretary; and Mrs. W. T. Schweinsburg, treasurer. Committee chairpersons are: Social, Mrs. Gene Harris; Program, Mrs. Ruth Boyd; Sunshine, Mrs. Frank Lallow; Membership, Mrs. Clifton White; Publicity, Mrs. R. S. Martin; Historian, Mrs. Jack Hughes, Goodyear Liaison, Ms. Helen Jordan; General Fund, Mrs. Hugh Boggs; Charities Laison, Mrs. Gene Marsh; Reservations, Mrs. John Delabar; Parlimentarian, Mrs. Joe Hale; and Ways and Means, Mrs. Richard Duncan. Charities sponsored by the club this year will be the Scioto Co. Sheriff's Underwater Search and Recovery Team and the Happy Hearts Special Olympic Team. A major fund raising project has been planned — The Goodyear Family Cookbook. Male and female employees and their families are asked to contribute recipes. Mail recipes to Mrs. Carolyn Duncan, 2002 Summitt St., Portsmouth, Ohio 45662; or Ms. Helen Jordan, 1028 25th St., Portsmouth, Ohio 45662. Club members will make Easter candy offer it for sale sometime later this month.

The March meeting of the Chillicothe Goodyear Women's Club has been scheduled for Monday, March 18, beginning at 6:30 p.m. at the Bonanza Restaurant in Waverly. The club will elect new officers for the coming year. The club's annual salad supper and installation of officers will be Monday, April 15, at the BancOhio building on Western Avenue in Chillicothe. The Club's Family Picnic will be May 19 at Pike Lake State Park beginning a 2:00 p.m. Members or guests will be asked to bring a covered dish, as well as games, lawn chairs and table service. The club will provide meat and beverages.

## Community Activities

Four Goodyear Atomic employees have named officers for the Portsmouth Area CURSILLO, an international Christian study organization. They include Gene Niziol (D-447), president; Charles Marck (D-266), vice president; Frank Niebauer (D-557), secretary; and Dick Orlett (D-556), music chairman.

Jackson High School science fair projects in the Junior and Senior divisions were judged by Jim Armstrong (D-551) and Ed Simpson (D-521) on Feb. 28.

### Speakers' Bureau

Joyce G. Hopper (D-461) was guest speaker for the secretarial/word processing class at the Pike County Joint Vocational School Feb. 11. Her topic entailed career paths in word processing, office automation and job qualifications required for the various classifications.

### Obituaries

Herschel Masters, Jackson, Feb. 16. Father of Wilma Yerian (D-567).

Woodrow W. Hyland, 72, Scioto Furnace, Feb. 11. A retired maintenance mechanic 1/C (D-731), he is survived by his wife, Ruth.

Charles I. Bray, 65, Portsmouth, Feb. 23. A retired mobile equipment mechanic (D-752), he is survived by his wife, Betty.

Della Cox Williams, 91, West Liberty, KY., Feb. 28. Mother of Charles K. Williams (D-725).

#### Service Milestones

			0				
35	Rex A. Collins	001	03/27/50		Steven W. Locke Gary R. Lykins	156 156	03/03/75 03/03/75
30	Richard L. Newvahner	051	03/01/55		Larry W. McDowell	590	03/10/75
	Charles M. Hutchings	361	03/01/55		Stephen D. Wamsley	521	03/10/75
	Bobbie G. Noel	823	03/09/55		Melvin D. Wooten	724	03/17/75
	50,0010	023	03/03/33		James Cooper	714	03/17/75
20	Randall P. Conley	823	03/25/65		James S. Kidder	713	03/17/75
	•				Monte L. Gilliland	156	03/17/75
15	Ralph A. Davis	812	03/09/70		David M. Kemper	221	03/17/75
	Jack D. Harbert	623	03/09/70		David M. McQuay	713	03/17/75
	James R. Hull	734	03/16/70		Harold J. Smart	711	03/17/75
					Kelley K. Tolliver	712	03/17/75
10	Billy R. Ruby	731	03/03/75		Robert G. Blackburn	156	03/17/75
	Jackie L. Stevison	714	03/03/75		Paul D. Yelley	115	03/17/75
	Rennie Cole	156	03/03/75		Alan E. Roberts	156	03/17/75
	Randel G. Murphy	724	03/03/75		Billy R. Rider	731	03/17/75
	James D. Wingo	222	03/03/75		Harold R. Ockerman	724	03/17/75
	Terry N. McKinney	731	03/03/75		John R. Stephenson	724	03/17/75
	Esto R. Miller	714	03/03/75		Emery R. Smith	310	03/17/75
	Vernon C. Fitzer	731	03/03/75		James Mulhern	561	03/24/75
	Ray F. Bolton	714	03/03/75				
	Brian E. Withrow	156	03/03/75	5	Norma Whiteside	475	03/03/80
	James D. Odell	714	03/03/75		Clifford A. Maddox	711	03/03/80
	Thomas J. Long	731	03/03/75		Carl E. Garrison	711	03/03/80
	Marvin P. Boehm	711	03/03/75		Charles R. Taylor	711	03/03/80
	George W. Moon	711	03/03/75		Shannon E. Fannin	453	03/03/80
	Thomas D. Caldwell	156	03/03/75		Tina M. Schuller	567	03/03/80
	David L. Free	711	03/03/75		Fred K. Williams	712	03/10/80
					Paul D. Basye Jr.	712	03/17/80
					Lynn F. Overman	814	03/17/80

# Science Demonstrations

Jodie Greiner (D-521) and Phyllis Zigler (D-741) presented a science demonstration program at Shawnee Christian Academy, Portsmouth, Feb. 20; 36 students grades K-12 attended the session.

## News of Retirees

Goodyear Atomic retiree Maurice Zigler, a Chillicothe resident and former Planning and Budget Administrator, recently underwent triple bypass surgery and is now recuperating at home. He would appreciate hearing from his GAT co-corkers.

## New Arrivals

Son, Brandon Douglas, Jan. 10, to Brian (D-314) and Beverly Buckle. Daughter, Megan Marie, Jan. 24, to Louis (D-110) and Barbara Pontious. Son, Christopher Aaron, Feb. 21, to Lowell and Janice (D-206) Stanley.

## Family

Dianne Mason, daughter of Gene Crisp (D-220), has been selected as a contestant in the 1985 USA Teen Miss Ohio Scholarship Pageant to be conducted at the Hyatt on Capital Square, Columbus, March 31. She will serve as an official pageant representative within her community for one pageant year. She was also a homecoming attendant at Portsmouth East High School.

Chaz and David Williamson, sons of Travis Williamson (D-576), represented West Elementary School in the recent Waverly Spelling Bee. Chaz finished in seventh place while David finished sixth. Both students have been chosen to audition for the five-person team representing West Elementary in the Quiz Bowl.

# Nuclear Notes

Seven new nuclear plants were licensed for startup in 1984, the most in a single year since 1976. Three of the new units — Catawba 1 in South Carolina, Waterford 3 in Louisiana and Palo Verde 1 in Arizona — received their low-power operating licenses in December. They joined four others licensed for startup earlier in the year: Susquehanna 2 in Pennsylvania, Callaway 1 in Missouri, Limerick 1 in Pennsylvania, and Byron 1 in Illinois. An eighth unit, Diablo Canyon 1 in California, had its low-power operating license reinstated last year and then went on to receive full-power authorization. A ninth unit, Long Island Lighting Co.'s Shoreham plant, won permission last year to load fuel and begin cold criticality testing. The Nuclear Regulatory Commission is expected to vote separately on whether to permit low-power testing. At year's end, Atomic Industrial Forum data show that 91 U. S. nuclear plants were operable, including 10 not yet in commercial operation. Another 37 units had construction permits and two units were on order. Yet even with the bumper crop of licenses issued in 1984, the total fell short of industry expectations. A survey of utilities conducted a year ago showed 14 nuclear units, including Diablo Canyon 1, would be ready for startup in 1984. Had the NRC licensed all of them, the total would have matched a record set in 1974.

# Personal Finance

Are you pondering about exemptions, puzzled over deductions, confused about taxable income? A taxpayer service representative is available for assistance in filing federal income tax returns at Internal Revenue Service offices in Portsmouth and Chillicothe. Many people only think of the IRS on April 15. However, its offices offer year-round service to taxpayers with tax questions, problems with lost or stolen refund checks or assistance for new employers in determining their federal tax responsibilities. The IRS also has over 90 free publications on nearly every tax topic. For taxpayers who are unable to visit the local offices during designated hours, the IRS also provides a toll-free telephone number, 1-800-424-1040. Telephone assistance is available Monday-Friday, from 8 a.m. to 4:30 p.m.

### Travel

You've planned for weeks, gone into hock and flown halfway around the world for your vacation and have to spend the first three days exhausted, mentally foggy and perhaps even nauseous from jet lag. Happens all the time; except to people who use the Argonne Jetlag Diet. Jet lag is caused by your body's efforts to adjust to drastic changes in time zones. The signals the body receives from stimuli such as temperature, food, activity and exposure to light are occurring on an unfamiliar schedule. The more time zones you cross, the longer the jet lag lasts. But hundreds of thousands of travelers, including President and Mrs. Reagan and the Minnesota Vikings, have beaten jet lag with the Argonne Diet. The diet was developed at the Department of Energy's Argonne National Laboratory as a direct spinoff of basic research by biologist Charles F. Ehret who, for 35 years, has studied the effects of diet, chemicals and environment on the biological clocks of bacteria and animals. All animals, including humans, have biological clocks. They follow a circadian rhythm, a sort of 24-hour pattern that reflects changes in temperature, amounts of light, body temperatures, food intake and exercise. When you move quickly across several time zones, this biological pattern, or clock, becomes confused. Your body reacts in part to your normal timing pattern and in part to the signals it receives in your new environment. Based on Ehret's studies, a regimen was developed using natural cues, particularly type of food and eating cycles, to help travelers quickly adjust their body clocks to match the time zones at their destination. Hundreds of travel agents distribute copies of the diet with overseas tickets, and scores of private corporations have reproduced it for their executives who travel. It has appeared in more than 500 publications and the Argonne Laboratory has distributed nearly 150,000 free copies of the diet. In return, the laboratory has thousands of letters from happy users. The President and Mrs. Reagan have used the diet to prepare for two trips to the Orient and one to Europe. The Minnesota Vikings used it before flying to London in August 1983 for a pre-season game in which they beat the St. Louis Cardinals, 28-10. Travelers can get a free wallet-sized card summarizing the diet by sending a self-addressed, stamped envelope to "Jet Lag Diet", Argonne National Laboratory, 9700 S. Cass Ave.; Argonne, IL 60439.

#### Home and Auto

Employees with last names beginning with E-F-G must renew vehicle registrations in March.

Editor: Tim L. Matchett

Address Correction Requested

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